

Newid dy stori ar-lein.  
Sut i ganfod cwrs addas.



## Adult Learners' Week



**This years' Adult Learners' Week is on the 21st – 27th of September, but that doesn't mean you have to wait until then to start your learning journey – because this year, we're going online.**

**Ewch i:**

**[cymrungweithio.llyw.cymru](https://cymrungweithio.llyw.cymru)**

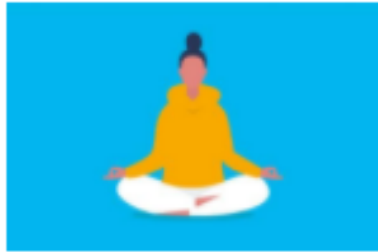


## Choose a category



### Essential & employability skills

A range of courses and tutorials to improve your skills for everyday life and to help you get into work.



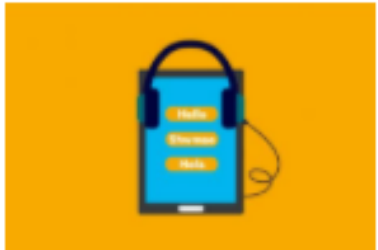
### Exercise, health & well-being

Achieve a healthy body & mind with our exercise, health & well-being courses.



### Making & Creating

Unlock your potential with one of our courses on creativity from our partners.



### Languages & communication

Learn a new language or improve your communication skills with confidence with one of these courses.



### Digital & Technology skills

A range of courses and tutorials to develop your technical and digital literacy skills.

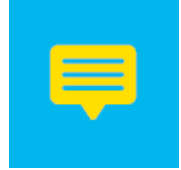


### Live Courses & Masterclasses

Throughout Adult Learners' Week 21-27 September 2020, you can take part in a wide range of live courses. See the planned schedule now.

Dewiswch gategori pwnc  
a chewch eich cyfeirio i  
lwyfan Wythnos Addysg  
Oedolion

[wythnosaddysgoedolion.cymru](http://wythnosaddysgoedolion.cymru)



## Change your story online.

### Filter ▼

#### Course Type ▼

- Languages and Communication
- Digital and Technology skills
- Essential and Employability skills
- Exercise, Health & Well-being
- Making & Creating
- Other Courses

#### Provider ▼

- The Wallich
- Rubicon Dance
- Adult Learning Cardiff
- Ail Gylle - Second Chance
- 4-28 Training
- Disability Can Do Centre
- Welsh Refugee Council
- Go Connect Ltd
- Coleg Cambria



### Degrees on Your Doorstep

AT NPTC Group of Colleges we are pleased to have...

THIS IS AN ONLINE RESOURCE

[Find Out More >](#) [Enquire Now >](#) [Visit Website >](#)



### Creative Writing Taster

This two-hour online workshop will introduce participants to the practice...

Date: 22 September 2020  
Time: 10:00 am - 12:00 pm

[Find Out More >](#) [Enquire Now >](#) [Visit Website >](#)



### Covid-19 Back to Work Course

Work skills feeling a bit rusty? Need to build your...

THIS IS AN ONLINE RESOURCE

[Find Out More >](#) [Enquire Now >](#) [Visit Website >](#)

Porwch drwy'r cannoedd  
o gyrsiau, sesiynau blasu a  
dosbarthiadau meistr a  
chanfod un addas.



**VISIT WEBSITE**

**PROVIDER PAGE**

**COURSE LINK**

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**Date:** 24 September 2020

**Time:** 04:30 pm - 08:00 pm

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Clicio'r 'ddolen cwrs' i  
ddechrau dysgu.



## Skills share beyond Wales

Take a look at the online events that are available beyond Wales - you will find a whole range of established and accredited online courses, tutorials and classes accessible to all.

**Find more online events**

Os ydych yn dal i edrych am fwy o gyrsiau, edrychwch ar ein [rhestr cyrsiau](#) sy'n cynnwys cannoedd mwy o gyfleoedd dysgu ar-lein tu hwnt i Gymru.



Dechreuwch eich taith ddysgu heddiw.  
#newiddystori  
cymrungweithio.llyw.cymru